

Lesson 4 Practice

Practice

15-20 minutes / day

Always practice using the correct fingers.

D string Practice

p p p (Rest strokes)

p-i practice

p i p i p i (Free strokes)

p-i-m practice

p i m p i m (Free strokes)

Rhythm Practice

p p m i

0 0 0 | 0 0 0 | 0 0 0

0 0 0 | 0 0 0

Practice both progressions with both strums.
Always end a progression with a strong strum on beat "1".

Strum patterns

Practice Chord Progressions

Am | A | Am | A | Am | A | Am | A | Am ||

Am | E | Am | E | Am | E | Am | E | Am ||